land and water in our community

Earth Day 2013

Aldo Leopold on a land ethic...

"The land ethic simply enlarges the boundaries of the community to include soils, waters, plants and animals, or collectively: the land. A land ethic changes the role of *Homo sapiens* from conqueror of the land community to plain member and citizen of it. It implies respect for his fellow members and also respect for the community as such."

A Sand County Almanac

Coming soon to a forest near you....



wild columbine blooms at Greensboro Ridge Natural Area



Mother Nature's Child - April 25

Don't miss this important film at the Howe Library on Thursday, April 25. Exploring nature's powerful role in children's health and development through the experience of toddlers to adolescents, Mother Nature's Child marks a moment in time when a living generation can still recall

childhoods of free play outdoors; this will not be true for most children growing up today. Co-producer Wendy Conquest of Etna will introduce her film. 7pm

Spring Trips Underway

Let's get outdoors! Coming up soon:

- Sat., April 27, 6:30-9am spring birding at Mink Brook
 - Nature Preserve and Lower Mink Brook. Meet on S. Main St., Hanover, at electric substation parking area.
- Sat., May 4, 6:30-9am -spring birding at South Esker and Pine Knoll Cemetery. Meet at Cemetery off S.Main St., Hanover
- Sun., May 5, 1-3pm Vernal Pools at Greensboro Ridge. Great family trip. Meet at top of Velvet Rocks Dr. off Greensboro Rd.

Find our full schedule of free outdoor trips $\underline{\sf HERE}$. Member support keeps our popular trips program up and running. If you're not already a member, sign up $\underline{\sf HERE}$!

Green Up Day - May 4

Here's a real sign of spring - it's officially time to clean up roadsides and streambanks after a long winter. Sign up to clean up between 9-noon: <u>Hanover, Etna</u>, or <u>Hanover Center+Lyme Rd,+outlying areas</u>. Special blue bags are provided. DETAILS

Grab That Garlic Mustard

Join the assault on this aggressive weed that's spreading in our area, crowding out native wildflowers. Learn more on Wed., April 24 at 4pm from garlic mustard researcher Jeff Evans at the Kilton Library, W. Lebanon. In May, look for displays in



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public spaces and join in "neighborhood pulling parties." MORE

Study Shows What We Already Knew

Green spaces lessen brain fatigue. Results of a recent study <u>published this month in The British Journal of Sports Medicine</u>, suggest that you should consider taking a break from work to go for a walk in a green space or just focus for a bit on the green things outside your office window. This is not unproductive lollygagging," researchers note; "It is likely to have a restorative effect and help with attention fatigue and stress recovery." We could have told you that.

Spring Trail Etiquette

Tis the season NOT to tread or ride on most trails. Many are still soft and muddy - and vulnerable. When buds break on the trees, they'll be ready for visitors. On Conservancy preserves, the Quinn Trail at Mink Brook is your best bet for an early spring walk, since it is hardened over the sewer line buried beneath. Trails on our preserves are for foot travel only, except for the Silent Brook Trail at the Greensboro Ridge Natural Area. If you have questions about trail use or where to go at this time of year, check in with our friends at the Upper Valley Trails Alliance.

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